



Wednesdays, 1-2 PM, January 27th-March 9th

Drop-in group for survivors to explore coping-skills and resiliency through activities and light discussion.

Open to all genders; all individuals welcome!



For more information contact Mary or Nicole at:
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| 319.335.6001 |

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are person with a disability who requires an accommodation or a non-English speaker who requires interpretation in order to participate in this program, please contact RVAP in advance at (319)335-6001

